RESUME ANN K. SCHAFER, Ph.D.

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- CLINICAL PSYCHOLOGIST, Lic. # PSY 15071
- LEARNING (dis)ABILITIES SPECIALIST, LH #334557
- READING SPECIALIST
- PROFESSOR EMERITA, Sacramento City College
- AUTHOR / SPEAKER / CONSULTANT

SUMMARY OF QUALIFICATIONS

Over 30 years experience as a specialist in learning disabilities, learning styles, literacy issues, and learning acquisition, emphasizing diagnostic assessments. Preventive and remedial instruction, instructor/tutor training and organizational consulting. Includes over twelve years in a K-12 setting and sixteen years experience as Learning Disabilities Program Coordinator at Sacramento City College and in Post-doctoral Psychologist Internships at University California Davis, Medical Center, Sacramento County Mental Health Treatment Center, as well as a Private Practice. Experience as a practicing Licensed Clinical Psychologist at Woodland Health Care and California State University, Sacramento.

EDUCATION

Certificate in Neuropsychology, University of California, Berkeley, Ca. 2007

<u>Doctor of Philosophy</u>, Psychology (Behavioral Medicine Specialty), Rosebridge Graduate School of Integrative Psychology, Concord, Ca. 1992. [Dissertation: Psychological(Myers-Briggs) Type Differences Among Students with Learning Disabilities in a Community College Setting.]

Master of Arts, Education [Educational Psychology], University of California, Davis, 1978.

Bachelor of Arts, Psychology, University of California, Davis, 1970.

TEACHING CREDENTIALS

- California Community Colleges Handicapped Student Programs and Services, Instructor and Service Credential;
 Specialization: Learning Disabilities.
- California Community Colleges, Instructor Credential: Basic Education.
- Administrative Service Credential, Clear.
- Learning Handicapped Specialist, Clear.
- Resource Specialist Certificate of Competence
- Reading Specialist Credential, Life.
- Standard Teaching Credential: k-12 and Adult, Life.

PROFESSIONAL EXPERIENCE

<u>Learning Disabilities Program Coordinator (Full Time):</u> Sacramento City College, Los Rios Community College District, Sacramento, Ca 1987- 2006.

Responsibilities: Coordination of the Learning Disabilities Program at Sacramento City College; diagnosing, confirming, and certifying of learning disabilities using established instruments and procedures; meeting individually with students in order to prepare personalized learning strategies and educational plans; selecting, training, and supervising instructional staff; maintaining records; managing the program budget; implementing in-service orientation and communication program to inform college staff and community of program services; providing liaison between Learning Disabilities Program and Instructional Service, and between students and instructors. Participation on the following campus committees: Budget, Curriculum, Student Equity, Faculty Senate, Planning Research and Development, Affirmative Action-ADA Subcommittee, Learning Resources, Basic Skills, Honors and Awards, and Accreditation Standards.

PROFESSIONAL EXPERIENCE (Continued)

Achievements

- Established the Learning Disabilities Program.
- Established initial goals and objectives for model plan in cooperation with students, faculty, counselors, and community agencies. Prepared yearly Unit plans and updates.
- Gathered and prepared statistics for Program Review.
- Wrote model plan for program at Sacramento City College.
- Developed and prepared curriculum proposals for the creation and updating of courses designed for students with identified learning disabilities.
- Instructed students in self-advocacy training, Learning Disabilities management skills, and multi-Sensory approaches to reading and spelling.
- Co-authored / coordinated \$60,000 vocational education grant to provide statewide staff development program tin increase awareness of learning disabilities issues in California Community Colleges.
- Co-Authored / coordinated \$ 80,000 grant to institute a WorkAbility III project for Sacramento City College and the California Department of Rehabilitation.

Psychologist: Testing Coordinator (Half-Time): California State University at Sacramento (2000-2002)

Responsibilities: Oversaw psychological and learning disabilities assessments at Psychological Counseling Services for staff psychologists, post-doctoral interns and graduate pre-doctoral psychology student in practicum placements.

Psychologist (Half-time): Woodland Healthcare (1998-2000) - Behavioral Medicine/Psychiatry Department.

Responsibilities: Psychological assessments, treatment planning, crises intervention, family, couple, and individual therapy for a variety of mental health issues. Emphasis on depressions, anxieties, mood disorders, addictions, childhood disorders, and medically related conditions.

Registered Psychological Assistant (Half-time): Private Practice (1995-1996)

Responsibilities: Psychological assessments, treatment planning, crises intervention, family, couple, and individual therapy for a variety of mental health issues. Emphasis on children's learning disorders, closed head injuries, family systems, and stress- related medical conditions for all ages.

Supervisor, Aubrey Joy Ph.D.

Psychologist Intern (Half-Time), Sacramento County Mental Health Treatment Center, Sacramento Ca. 1994

Responsibilities: Psychological assessments and treatment of acutely mentally ill clients including crises intervention and assessment, placement planning / recommendations, and written reports.

Supervisor: Trudy Helmlinger.

<u>Psychologist Intern</u>, University of California, Davis, Medical Center, Department of Physical Medicine and Rehabilitation, Sacramento, Summer, 1993.

Responsibilities: Psychological and neuropsychological assessments and treatment of in- patients and out-patients admitted for rehabilitation associated with such conditions as traumatic brain injury, spinal cord injury and cerebral-vascular accidents. Supervisor: Richard Wanlass, Ph.D.

<u>Psychologist Intern</u>, Sacramento City College, Los Rios Community College District, Sacramento Ca. 1989-1993

Responsibilities: Provided individual and group counseling for students with traumatic brain injury, learning disabilities, and secondary psychological disabilities. Supervisor: Robert M. Harris, Ph.D.

<u>Instructor</u>, 1981-Present, University of California, Davis, Sacramento City College, Elk Grove School District, Sacramento City Schools, Pampa Texas School District, Basic Educations Strategies and Techniques, (B.E.S.T. Institutes), Sacramento, Tacoma, WA. Home School Group.

Responsibilities: Planning and instructing continuing teacher education classes; evaluating and grading teachers/tutors.

Teacher Education Courses of Instruction:

- "A Multi-Sensory Approach to Reading and Spelling" Summer 1997 Winter, 1997, 1998 Spring / Summer 1995-96, Winter 1991-1993, Winter 1989, -87, -8, -81, Fall 1985.
 - "Assessment Instruments and Test Analysis in Reading/Spelling", Fall 1988, -86, -84, Summer 1985
 - "Thinking Skills Conference," Spring 1986.
 - "Teaching Functionally Illiterate Adults", Summer 1986.
 - "Brain Research and the Reading Process" Spring 1984.
 - "Auditory Perceptual Development" 1978-1980.

Achievements

• Designed and coordinated graduate level courses on learning disabilities: theory, assessment, and remediation.

Diagnostician - Learning Disabilities Coordinator, Davis Reading Clinic, Davis, Ca. 1980-1987

Responsibilities: Owner/Administrator of reading clinic; coordinated and supervised diagnostic learning program for preschool through adult clientele; management and administration of teaching staff for individual and group instruction.

Achievements

- Started Davis summer tutorial program in 1985 for students with learning disabilities.
- Referral service, California Department of Labor- Vocational Rehabilitation; learning disabilities assessments and certifications.

Reading Specialist, Pioneer Elementary School, Davis, Ca. 1981-1987.

Responsibilities: Diagnostic testing/interpretation; individual and group instruction; student evaluations/report writing; program planning; member, individual Educational Plan Team; consultant, school-wide program; student placement liaison.

Achievements

- Implemented school-wide reading disabilities screening program designed to enhance teacher referral processes for identifying and serving the reading disabled student.
- Organized and independent reading enrichment program for students using members of the community as volunteer tutors to motivate disinterested readers.

<u>Psychologist Intern</u>, California Youth Authority, Northern California Reception Center Intensive Treatment Program, Sacramento, Ca. 1987.

Responsibilities: Participated in ward activities, meetings, and training; administered psycho educational tests; participated in treatment services and case conferences; interacted with staff and supervisor regarding appropriate techniques; prepared case histories and formulated diagnoses based on psychological and academic data. Supervisor: Ronald Posey, Ph.D.

OTHER RELATED PROFESSIONAL EXPERIENCES

<u>Disability Compliance Consultant,</u> California Association of Health Services at Home (CAHSAH), Sacramento County, Yolo County, Public Defender, California Department of Labor, 1987-Present.

Management Development Consultant, California Franchise Tax Board, 1991-1992

Workplace Literacy Consultant, California Franchise Tax Board, 1991-1992

Literacy and Learning Disabilities Consultant, private practice. 1987-present

Staff Development Instructor, Elf Grove School District, 1988-present.

Field Consultant, Random House Phonics Program, Santa Rosa, Ca. 1986-1987

Learning Handicapped Specialists Intern, Praul Center School for Behavioral Change, K-12, Davis, Ca. Summer 1984

Reading Consultant, Ginn Pulblishing Co., Hayward, Ca. 1983-84

<u>Consultant/Trainer</u>, Teaching Resources Corporation, Hollister, Ca. 1981-1983; [The Auditory Discrimination in Depth Program; Woodcock-Johnson Psycho-Educational Battery].

Classroom Teacher, Grades 1-3, Pioneer Elementary School, Davis, Ca. 1975-1981

<u>Classroom Teacher</u>, Grades K-4, Migrant Summer School [bilingual and non-English speaking students], Davis/Woodland, Ca. Summers 1975-1977.

INVITED CONSULTANT

Invited Speaker: "Motivating the Adult Learner", Central Pennsylvania Literacy Council, State College Pennsylvania, September, 1997.

<u>Keynote Speaker</u>: "A Whole World of Literacy", Gaston County Literacy Council Annual Meeting, Gaston, North Carolina, September 1997.

<u>Invited Speaker</u>: "Developmental Reading for K-3", "Ten Easy Rules for Reading and Spelling "Expository Reading Skills for 4-9", Castonia School District, Gaston, North Carolina, September 1997.

<u>Featured Speaker</u>: "Preventing Failure: Building Basic Skills", 10th Annual Washington State Home school Convention, University of Puget Sound, Tacoma, Washington, June 1995.

<u>Invited Speaker</u>: "Learning Styles and Learning Differences- an Investigation of Personality among Adults with learning Disabilities", Adult Literacy Conference: <u>Family literacy</u>, California State University, Sacramento, February 1994.

<u>Featured Speaker</u>: "Disabilities and Reasonable Workplace Accommodation: The Role of Clinical Neuropsychology" Sacramento Neuropsychology Group, December 1994.

Invited Speaker: "Learning Disabilities: Prevention" Waldorf School, 1988.

Invited Speaker: "Three Easy Ways to Build Writing Skills" Pleasant Ridge School Disctrict, Special education Department, 1987, Davis Schools, Special Education Department, 1986

Special Consultant: Diagnostic Assessment, Families First Special Education School, 1987.

Invited Speaker: Learning Disabilities Conference, Sierra College, 1987

<u>Program Reviewer</u>: California Commission for Teacher Preparation and Licensing. Reading Specialist program, California State University of Los Angeles, 1986.

<u>Invited Speaker</u>: "Multi-Sensory Approaches to Reading Acquisition", San Joaquin County Schools Special Education Department, 1985.

<u>Invited Consultant:</u> "Using and Understanding the Woodcock-Johnson Psycho-Educational Battery" Madera County Schools, 1983, Eureka County Schools, 1982

HONORS, AWARDS, AND MEMBERSHIPS

Member, Disabilities Board, California Community Colleges Commission on Athletics, 2001 to present

<u>Convention Chair</u>, California Association of Post- Secondary Educators of the Disabled (CAPED), Oakland, Ca. 200, (25th Anniversary Convention) and 1996

<u>Coordinator</u>, :You Make a Difference:, Ten Year Anniversary Awards and Recognition Ceremony, Learning (did)Abilities Program, Sacramento City College, Sacramento, Ca. 1997

Founding President, Capitol City Chapter, Association of Psychological Type, 1996-1998.

<u>Focus Group Participant:</u> "Literacy and Learning Disabilities" National Adult Literacy and Learning Disabilities Center, Washington D.C., 1995-Present.

Member, Workability III Advisory Committee, 1992-present.

Member, California Association of Post-Secondary Educators of the disabled (CAPED) 1987-present

Board of Directors, National Association for Adults with Special Learning Needs (NAASLN), 1992-93

Board of Directors, Sacramento Area Literacy Coalition (SALC) 1988-1995

Member, Comstock Club 1992-96

Member, WorkNet Advisory Committee, 1990-93

Citation, Who's Who in America Education, 1989-90

PUBLICATIONS

"Ask Dr. Ann" Monthly literacy column. The Written Word, The SALC Newsletter, NASSLN, and CAPED COMMUNIQUE, 1990-2001

Psychosynthesis World Conference Proceedings, Editor, 1996. Psychosynthesis International, Ojai, Ca.

Ask Dr. Ann about Basic Skills and Learning: 1995, B.E.S.T. Institutes, Sacramento, Ca

Reading and Spelling: Ten Easy Steps, 1995. B.E.S.T. Institutes, Sacramento, Ca

"Psychological Type Differences Among Adults with Learning Disabilities in a Community College Setting" 1994, in <u>Orchestrating Educational Change in the 90's. The Role of Psychological Type</u>, Conference Proceedings, Center for Application of Psychological Type, Gainesville, Fl.

<u>The Grief Process: A Guide for Teachers and Tutors</u>, 1994 B.E.S.T. Institutes, Sacramento, Ca. "Good Accommodation: Good Management: June 1993, <u>Today's Supervisor</u>.

Emotional Explorations: A Guide to enhance the expression of emotions, 1993 B.E.S.T. Institutes, Sacramento, Ca.

A Matter of Perception: Understanding Learning Disabilities, 1990 (manual and videotape), co-authored with Dr, Aagaard and C. Gavin, California Community Colleges.

"Brain Functions: Their Relationship to Specific Word Recognition Skills" 1985 <u>Journal of Educational Neuropsychology</u>, Vol 4, No. 1, International Reading Association.

"Good Officer, Poor Speller...What's Wrong?" Winter 1982, Journal of California Law Enforcement, Vol 16, Issue 1

PRESENTATIONS

"Transition from High School to College", LD Mini Conference, 2000 and 2001, for Los Rios Community College District.

"The ET (Effective Teachers) Project", 1998. California Community Colleges, Annual Conference, Palm Springs, Ca.

"Graduating from College With A Learning Disability" LiveWire, Television interview with Jeff Howitt, Access Sacramento, Sacramento Ca.

"Learning (dis)Abilities and Attention Deficits" 1996. Children and Adults with Attention deficit Disorder Association (C.H.A.D.D.) OF Yolo County, Davis, Ca.

"Learning Disabilities in the Workplace", November 1994, WorkAbility I, Region 7, Sutter Creek, Ca.

"Psychological Type Differences Among Adults with Learning Disabilities", October 1994, California Association of Post- Secondary Educators of the Disabled, 20th Anniversary Conference, So. Lake Tahoe.

"Psychological Type Differences Among Adults with Learning Disabilities in the Community College Setting" 1994 in <u>Orchestrating Educational Change in the 90's, The Role of Psychological Type</u>, International Conference, Center for Application Type (CAPT) Gainesville, FL.

"Learning Styles and Learning Differences, An Investigation of Personality Among Adults with Learning Disabilities" February 1994, Adult Literacy Conference, Family Literacy, CSU, Sacramento.

"Good Accommodations is Good Management: Learning Disabilities in the Workforce" Co-presenter with Dale Cyphert, January 1994, Human Resources Conference and Expo. Launching the Workforce into the Year 2000, San Francisco, Ca.

"Learning Disabilities in the Workplace" October 1993, WorkAbility I, Region 7, County of Sacramento Supervisors

"Non-verbal Techniques to Enhance Communication" 1992, Psycho synthesis International Conference, Hawaii.

"Transition Services for Students with Learning Disabilities" November 1992 Sacramento City Unified School District, C.K. McClatchy High School.

"Understanding Learning Disabilities and Differences in a Community College Setting" 1991. Community College League of California Conference, Los Angeles, Ca.

"The Meyers-Briggs Type Indicator and Career Choices: Making a Good Match" May 1988 Presented to the Women in Science and Math Conference, Sacramento City College.

"Word Recognition and Brain Function" May 1985, Neuropsychological Aspects of Reading Special Interest Group, International Reading Association Conference, New Orleans.

"The Brain and Reading" January 1984, San Joaquin County Reading Association Conference.

"Brain Function, Word Recognition and Successful Practices" November 1983, Reading Lab School Tour, California Reading Association Reading Conference, Sacramento, Ca.